



Recommended Books:

These books may be helpful, in whole or in part. We recommend that you find what works for you. Please also see our [education resources page](#) for information on these topics.

Sexual Harassment

Sexual Harrassment in the Workplace

By Arjun Aggarwal, Toronto: Butterworths, 1992

Sexual Harassment: A Guide for Understanding and Prevention

By Arjun Aggarwal, Toronto: Butterworths, 1992

Sexual Harassment: Women Speak Out

By Amber Coverdale and Dena Taylor (editors), California: The Crossing Press, 1992

Sexual Harassment: What Is It? What It Isn't, What It Does To You, And What You Can Do About It

By Joel Friedman, Marcia Boumil and Barbara Taylor, Florida: Health Communication Inc., 1992

Sexual Harassment: High School Girls Speak Out

By June Larkin, Toronto: Second Story Press, 1994

Sexual Assault

Free of the Shadows: Recovering from Sexual Violence

By Caren Adams and Jennifer Fay, California: New Harbinger Publications, 1989

Sexual Assault: Will I Ever Feel Okay Again?

By Kay Scott: Bethany House, 1993

Recovering from Rape

By Linda T. Ledra, New York: Henry Holt and Co., 1986

Telling: A Memoir of Rape and Recovery

By Patricia Weaver-Francisco: Cliff Street Books, 1999

Date and Acquaintance Rape

Date Rape: The Secret Epidemic

By Marcia Boumil, Joel Freidman and Barbara Taylor, New York: Lexington Books, 1993

Coping with Dating Violence and Acquaintance Rape

By Andrea Parrot, New York: Rosen Publishing Group 1998

I Never Called It Rape: MS Report on Recognizing, Fighting and Surviving Date and Acquaintance Rape

By Robin Warshaw, New York: Harper & Row Publishers Inc., 1988

Dating/Domestic Violence

Dating Violence: Young Women in Danger

By Barrie Levy (ed), Seattle: Seal Press, 1991

In Love and In Danger: A Teen's Guide to Breaking Free of Abusive Relationships

By Barrie Levy, Seattle: Seal Press, 1993

A Life Without Fear

By Laura C. Martin, Nashville: Rutledge Hill Press Inc., 1992

Child Sexual Abuse

For Parents

Helping Your Child Recover From Sexual Abuse

By Caren Adams and Jennifer Fay, Toronto: University of Toronto Press, 1992

After the Verdict: Information for Young Victims of Crime and Their Families

London Family Court Clinic Inc., 1996 (contact 519-679-7250 for copies)

After the Bough Breaks: A Helping Guide for Parents of Sexually Abused Children

By Aphrodite Matsakis, California: New Harbinger Publications, 1991

Straight Talk about Child Abuse

By Susan Mufson and Rachel Kranz, New York: Dell Publishing, 1991

On the Safe Side: Teach our Children to be Safe, Strong and Streetsmart

By Paula Statman, New York: Harper Collins, 1995

For Children

Trust Your Feelings

By C.A.R.E., British Columbia: C.A.R.E. Productions Association, 1984

It's My Body: A Book to Teach Young Children How to Resist Uncomfortable Touch
By Lori Freeman, Seattle: Parenting Press Inc., 1990

Please Tell! A Child's Story About Sexual Abuse

By Jessie, United States: Hazeldean Foundation, 1991

No-No the Seal: A Story for Very Young Children That Tells About Sexual Abuse

By Sherri Patterson, New York: Random House, 1986

For Adolescents

Beginning to Heal: A First Book for Survivors of Child Sexual Abuse

By Ellen Bass and Laura Davis, New York: Harper Collins Publications, 1993

The Me Nobody Knows: A Guide for Teen Survivors

By Barbara Bean and Shari Benney, New York: Lexington Books, 1993

Adult Survivors

Beginning to Heal: A First Book for Survivors of Child Sexual Abuse

By Ellen Bass and Laura Davis, New York: Harper Collins Publications, 1993

The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse (3rd Edition)

By Ellen Bass and Laura Davis, New York: Harper Collins Publications, 1994

The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse

By Laura Davis, New York: Harper & Row Publications, 1990

Reach for the Rainbow: Advanced Healing for Survivors of Sexual Abuse

By Lynne D. Finney, New York: Harper Perennial, 1991

Strong at the Broken Places: Overcoming the Trauma of Childhood Abuse

By Linda T. Sanford, New York: Avon Books, 1990

Male Survivors

Broken Boys, Mending Men: Recovery from Childhood Sexual Abuse

By S. Grubman-Black: Tab Books, 1990

Victims No Longer: Men Recovering from Incest and Other Child Sexual Abuse

By Mike Lew: Harper Collins, 1990

Men Surviving Incest: A Male Survivor Shares the Process of Recovery

By T. Thomas: Launch Press, 1989

Books for Partners

Allies in Healing: When the Person You Love was Sexually Abused as a Child
By Laura Davis: Harper Perennial, 1991

Outgrowing the Pain Together: A Book for Spouses and Partners of Adults Abused as Children
By Eliana Gil: Dell Publishing, 1992

Sexuality Issues:

The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse
By Wendy Maltz: Harper Perennial, 1992

Incest and Sexuality: A Guide to Understanding and Healing
By Beverly Holman and Wendy Maltz: Lexington, Books, 1987